**USD #105 Wellness Policy Access**

The USD #105 is committed to providing a school environment that promotes student nutritional and physical wellness as part of the total learning experience for its students and staff. To this end, it shall be the USD #105 policy to promote and follow the **Kansas School Wellness Policy Model Guidelines, Child Nutrition & Wellness, Kansas Department of Education**. Community members may access USD #105 wellness policies for each age grade group at KSDE Data Central at <http://datacentral.ksde.org/>**.** Community members can also find USD #105 wellness implementation progress compared with state averages at KSDE Data Central. Wellness policy implementation action plans and committee minutes are available at the district website.

**Rawlins County USD #105 School Wellness Committee**

**USD #105 Mission**

It is the mission of the USD #105 Wellness Committee to assist our school community in promoting nutritional health, physical health and overall well-being using the **Kansas Wellness Policy Model Guidelines.**

**USD #105 School Wellness Committee Vision**

To have a school community of children and adults, where optimal nutritional and physical health enhances one’s ability to learn and grow to their full potential.

The School Wellness Committee will monitor the implementation of the **Kansas School Wellness Policy** **Model** **Guidelines**, evaluate policy progress, serve as a resource to school sites, and expand policies as necessary using the **Kansas School Wellness Policy Model Guidelines and Wellness Impact Tool.**

The Committee will meet a minimum of two times annually with documented minutes. Committee membership as follows:

 \*School Administrator – Tom Dolenz and Matt Smith

\* District Food Service Coordinator – Vanessa Merz

 \* Parent Representative – Erin Ginther

 \* Physical Education Representative – Kayla Unger, Audrey Vap

 \* School Athletic Trainer – Emily Kastens

 \* School Nurse – Cheryl Banister, RN

 \* Rawlins County Public Health – Karla Heble, RN

 \* Rawlins County Extension – Jo Ellyn Argabright

**Community Participation**

Parents and community members are encouraged to volunteer at school wellness activities. Community members may contact the USD #105 School Wellness Committee by contacting the Director of Food Services, Vanessa Merz at 785-626-3289. Information regarding wellness activities can be found on the school district website calendar [www.USD105.org](http://www.USD105.org) .